Dream It, Be It 2023

Agenda

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| 8:30 a.m. | Check-In, Breakfast & Certificates |
| 9:00 a.m. | Pledge of Allegiance (Lourdes)  Welcome - Club Presidents (Liz)  Icebreaker - Samantha |
| 9:25 a.m. | Session #1: Balancing Your Stress  *Eric Domain* |
| 10:10 a.m. | Activity #1 - Crossing the Line - Linda Stubbs |
| 10:35 a.m. | Break & Raffles |
| 10:45 a.m | Session #2: Exploring Careers  *Dr. Denise Wickham* |
| 11:30 a.m. | Raffles, Lunch & Resource Faire |
| 12:15 pm | Session #3: Overcoming Obstacles & Putting Dreams into Action  *Pastor Amy Miranda* |
| 1:00 p.m. | Movement break |
| 1:05 p.m. | Act. #2 - Goal Setting  & Letter to Self (Brandy and Beth) |
| 1:45 p.m. | Evaluation - online (Lourdes) |
| 1:55 p.m. | Closing, Soroptimist Pledge & Group Photo (Lyzette & Lourdes) |